

WOODLAND JOINT UNIFIED SCHOOL DISTRICT
Extra-Curricular and Athletics Handbook, Grades 7-12

INFORMATION

HANDBOOK FOR EXTRA-CURRICULAR
ACTIVITIES AND ATHLETICS

GRADES 7-12

PARENTS: Please return both forms signed to the
Athletic Director as soon as possible.

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ACADEMIC ELIGIBILITY FOR ALL STUDENTS

In order to promote and encourage academic excellence, all students participating in extra-curricular activities shall demonstrate satisfactory progress in meeting the requirements of graduation by undertaking the prescribed course of study and meeting standards of proficiency established by the District.

Middle School:

All students shall be eligible for extra curricular activities entering seventh grade. Students participating in extra-curricular activities at the seventh and eighth grade level must achieve a 2.0 grade point average with no F's.

High School:

In order to be eligible to participate in extra-curricular activities, any student entering from the eighth grade into any one of the District's high schools, must have achieved a 2.0 grade point average with no more than one F. Upon initial enrollment in one of the high schools, if a student is not eligible based on the above criteria, he/she may be granted a waiver for the first six-week grading period. If the student does not meet the above requirement at the end of the waiver, he/she shall not be allowed to participate in extra/co-curricular activities in the subsequent grading period.

CONTINUING ELIGIBILITY

A student is scholastically eligible if:

- 1) The student is enrolled in a full course load. A full course load is 6 semester courses for a total of 30 credits. The only exception to this full course load is when an accelerated student has achieved all of the necessary requirements for early graduation. The accelerated student must be enrolled in at least 4 semester courses for a total of 20 credits in order to participate in extra-curricular activities.
- 2) The student has maintained a 2.0 grade point average and no Fs.
- 3) The student has maintained, during the previous grading period, a minimum of a 2.0 grade point average, on a 4.0 scale, in all enrolled courses.
- 4) The student is maintaining minimum progress toward meeting the high school graduation requirements as prescribed by the local governing board. As per the promotion, retention, acceleration policy,

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<u>Grade</u>	<u>Number of Credits</u>
9	0-50
10	51-110
11	111-164
12	165 and above

Probationary Period

If a student does not meet the eligibility requirements at any time after the first six-week grading period of his/her ninth grade year, the student may be granted a waiver for the grading period of which the student was subsequently ineligible. A student, who uses his/her waiver upon entrance to ninth grade, may not use the second waiver for the grading period immediately following.

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**STUDENT/PARENT ACKNOWLEDGEMENT OF THE PROVISIONS OF THE
EXTRA-CURRICULAR ACTIVITIES AND ATHLETICS HANDBOOK**

Before agreeing to participate in any extra-curricular or athletics program at any school within the Woodland Joint Unified School District, the student and his/her parents or guardian must review and agree to abide by the provisions in the District's *Extra-Curricular Activities and Athletics Handbook* and complete the signature portions of this page. Please sign and return this document and the Code of Conduct for Inter-Scholastic Student Athletics to the Athletics Director or Activity leader with all other clearance card items.

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*We have read, and we understand and agree to the responsibilities outlined in the **Extra-Curricular Activities and Athletics Handbook**. We also understand and agree that failure of the student to comply with any provision in the Handbook may result in suspension or revocation of the privilege to participate in extra-curricular activities and/or athletics.*

Student Signature

Date

Parent/Guardian Signature

Date

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NOTE: It is the parent's and student's responsibility to ensure that this form and the Code of Conduct for Interscholastic Student-Athletes, signed and dated, are returned to the activity leader/coach prior to the student commencing participation in the activity or athletic team.

Important:

Students who participate in extra-curricular activities and athletics enjoy special opportunities which are accompanied by certain responsibilities. Students are expected to play hard, work hard and live up to the standards set by the school and community.

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Code of Conduct for Interscholastic Student-Athletes

Interscholastic athletic competition should demonstrate high standards of ethics and sportsmanship and promote the development of good character and other important life skills. The highest potential of sports is achieved when participants are committed to pursuing victory with honor according to six core principles: trustworthiness, respect, responsibility, fairness, caring and good citizenship (the “Six Pillars of Character”). This Code applies to all student-athletes involved in interscholastic sports in California. I understand that, in order to participate in high school athletics, I must act in accord with the following:

TRUSTWORTHINESS

1. Trustworthiness—be worthy of trust in all I do.
 - **Integrity**—live up to high ideals of ethics and sportsmanship and always pursue victory with honor, do what’s right even when it’s unpopular or personally costly.
 - **Honesty**—live and compete honorably; don’t lie, cheat, steal or engage in any other dishonest or unsportsman-like conduct.
 - **Reliability**—fulfill comments; do what I say I will do; be on time to practices and games.
 - **Loyalty**—be loyal to my school and team; put the team above personal glory.

RESPECT

2. **Respect**—treat all people with respect all the time and require the same of other student-athletes.
3. **Class**—live and play with class; be a good sport; be gracious in victory and accept defeat with dignity; give fallen opponents help, compliment extraordinary performance, show sincere respect in pre- and post-game rituals.
4. **Disrespectful Conduct**—don’t engage in disrespectful conduct of any sort including profanity, obscene gestures, offensive remarks of a sexual or racial nature, trash-talking, taunting, boastful celebrations, or other actions that demean individuals or the sport.
5. **Respect Officials**—treat contest officials with respect; don’t complain about or argue with official calls or decisions during or after an athletic event.

RESPONSIBILITY

6. **Importance of Education**—be a student first and commit to getting the best education you can. Be honest with yourself about the likelihood of getting an athletic scholarship or playing on a professional level and remember that many universities will not recruit student-athletes who do not have a serious commitment to their education, the ability to succeed academically or the character to represent their institution honorably.

7. **Role-Modeling**—Remember, participation in sports is a privilege, not a right and that I am expected to represent my school, coach and teammates with honor, on and off the field. Consistently exhibit good character and conduct as a possible role model. Suspension or termination of the participation privilege is within the sole discretion of the school administration.

8. **Self-Control**—exercise self-control; don’t fight or show excessive displays or anger or frustration; have the strength to overcome the temptation to retaliate.

9. **Healthy Lifestyle**—safeguard your health; don’t use any illegal or unhealthy substances including alcohol, tobacco and drugs or engage in any unhealthy techniques to gain, lose or maintain weight.

10. **Integrity of the Game**—protect the integrity of the game; don’t gamble. Play the game according to the rules.

FAIRNESS

11. **Be Fair**—live up to high standards of fair play; be open-minded; always be willing to listen and learn.

12. **Concern for Others**—demonstrate concern for others; never intentionally injure any player or engage in reckless behavior that might cause injury to yourself or others.

13. **Teammates**—help promote the well-being of teammates by positive counseling and encouragement or by reporting any unhealthy or dangerous conduct to coaches.

CITIZENSHIP

14. **Play by the Rules**—maintain a thorough knowledge of and abide by all applicable game and competition rules.

15. **Spirit of Rules**—honor the spirit and the letter of rules; avoid temptations to gain competitive advantage through improper gamesmanship techniques that violate the highest traditions of sportsmanship.

I have read and understand the requirements of this Code of Conduct. I understand that I am expected to perform according to this code and I understand that there may be sanctions or penalties if I do not.

Student-Athlete Signature

Date